

My Story: (Le-Hang) Dolly Nguyen Haim Brenneman

I was born in Vietnam to a family of twelve children with recorded genealogy dating back to the 15th century showing generations of warriors and healers. I was chosen to be the only child in our family to receive an American education instead of the French education that my siblings received. Some people say they grew up during the Vietnam War; I lived in it and learned about the fragility of life at a young age. Between the complex environments, diverse beliefs and multiple languages spoken at home and at school, I constantly had to learn to think from new perspectives - how to fit in and survive.

At graduation, I received a college presidential scholarship in New York State allowing me to be the first and only person from my family to come to the US at the time. Following a number of years working, I earned my Executive Masters of Business Administration from the University of Houston while concurrently raising two teenagers.

Healthcare

After college, I spent 15 years managing different services in healthcare. In my role as director of quality and performance management, I became nationally recognized for my expertise in measuring the effectiveness of healthcare delivery systems, specifically quality outcomes and resource utilizations. Healthcare organizations are one of the most complex institutions. Once more, I found myself in the middle of highly complex systems.

The intense work in healthcare formed a strong background for me to exercise my skills as a change agent, doing so even it before was in vogue. With a strong team and hard work, we achieved an Honor rating in our accreditation process. I became an expert in the cutting edge field of comparative information across regional and national norms. This led to me receiving the coveted National Quality Challenge Award.

Both, growing up and adapting to constantly new environments and years working in healthcare gave me a profound interest in human potential and organizational systems thinking. These experiences gave me deeper insight into how personal growth, effective teamwork, process improvement, and leadership impact organizational development. Long before it became a common practice, I was fortunate to work with organizations that supported a values-based culture - having deep appreciation for collaboration among all stakeholders and patients/clients.

I was recruited to manage a newly formed health plan as Aetna opened up in the Houston market. The plan passed the National Association for Quality Assurance (NCQA) accreditation on its first submission, a rare occurrence. This was done during a tumultuous time, at the dawn of healthcare reform in the 90s, which was transforming the delivery system. Interestingly, the cutting edge work done during

this period was a precursor to the current mandated measurement that Accountable Care Organizations now follow under the Affordable Care Act.

Banking, Financial Investment

Armed with my new Executive MBA, I decided to shift into the investment and financial industry. A brand new world was opened to me at UBS and CitiGroup. Aside from understanding the transactional workings of finance and investment, I discovered a new skill - effective business development. I enjoyed spreading my wings, and have honed and cherished the many relationships to this day.

Coaching & Consulting

My special interest in leadership skills, what makes people behave the way they do, and what makes certain organizations succeed, beckoned me to leave finance and focus on organization development work again.

Along the way, I discovered that coaching is deeply fulfilling to me and a way to bring value to others. I wanted to be part of solutions to support and create inspiring leaders in organizations during challenging times and times of change. I believe in bringing out the richness of people's gifts and talents and helping remove roadblocks that stop people from performing. It is my belief that greatness can be achieved when all critical intelligences are honored: physical, mental, emotional and spiritual. I want to coach resiliency, collaboration, creativity, and nurturing the many human potential to allow individuals to soar and reach new heights - benefiting both the individual and the organizations they serve.

Business and Community Development

I have enjoyed developing relationships with sponsors, partners, and diverse stakeholders, working to gain trust and collaboration. In turn, I often used these relationships to bridge business to business connections, fundraise for non-profits, invite keynote speakers, or organize large scale community events. My zeal and persistent focus on strategy and execution has been recognized by peers and community leaders. Through the conviction of living and fostering the richness of a culture of diversity and inclusiveness, I received the Diversity & Inclusiveness Community Champion Award in 2012.

Spiritual & Personal Quest

I have a thirst for understanding our consciousness, and how we are all connected. I am always ready for insights into the universe we all share. My keen interest in tapping into the human potential led me to many fields of study and work - learning from ancient wisdom to Eastern spiritual leaders, from Western psychology, teachings from the best of minds of thinkers, teachers and spiritual leaders, to the latest findings in scientific research and practices that bring solutions to clients.

In addition to my formal education professional certifications, and licensing processes, my trainings are too numerous to be listed. Below are select teachings

and trainings that have influenced my being and work through their spiritual, principled, value-based, wholeness, or integral approaches:

- 3 teachings in person with His Holiness the Dalai Lama
- Goizueta Leadership Development Program
- Elliott Jaques' Requisite Organization
- Barry Oshry's Power & Systems
- Genpo Roshi's Big Mind process integrating Zen, Voice Dialogue, Jung psychology
- Ken Wilbur Integral Work
- Barry Johnson Polarity Management
- Werner Erhard Seminar Training
- Silva Method Life and Intuition Training
- John DeMartini Breakthrough Training
- Executive Coaching Master Business Accelerator
- Bark Coaching Institute, a holistic and integral ACSTH program
- Completion of the International Coach Federation certification work;
- Personalysis Profile certified, a team and individual personality assessment tool;
- Cindy Wigglesworth SQ 21 certified coach on Spiritual Intelligence;
- Diversity Professional with the University of Houston's Institute of Diversity & Cross Cultural Management certification program;
- Practice of Marshall Rosenberg's Non-Violent Communication (NVC) techniques;
- Conscious Liberation Breathwork;
- Michael Murphy & George Leonard's Integral Transformation Practice.

What Else

Having traveled over 50 countries, I am always packed and ready to head to the next one. When not traveling, I research new recipes to cook. At any given time, as time permits, and can be found in a yoga class. But when not indulging in myself, I have a desire to practice compassion and to serve the underserved. One of my greatest joys is to gather friends in my home and enjoy conversations and amazing talks by great leaders, spiritual teachers and/or bestselling authors.

I have supported many educational, religious, and social service organizations, and I am proud to be currently affiliated with the Core Planning Committee of the Diversity Summit, and best of all, a member of the Board of Directors of the Rothko Chapel. It is a sacred space that inspires people to action through art, lectures, concerts, and contemplation - to nurture reverence for the highest aspirations of humanity and provide a forum for global concerns.

*... to be continued with many more discoveries and many more chapters to be written.
If reading my story resonates with you in any way, feel free to drop me a note!*